

**Beginning February 19<sup>th</sup>, the  
Wisdom Seekers will be reading the book,  
Between the Dark and the Daylight:  
*Embracing the Contradictions of Life* by  
Joan Chittister.**

**Carlene Deschaine will be the facilitator /  
discussion leader.**

Only by embracing the contradictions, Chittister contends, may we live well amid stress, withstand emotional storms, and satisfy our yearnings for something transcendent and real. By delving into the chaos, this book guides us through the questions that seem easier to avoid and enlightens what has been out of focus. This book reveals how we can better understand ourselves, one another, and God.

Joan Chittister is an internationally known author and lecturer and the executive director of Benetvision, a resource and research center for contemporary spirituality. . . .She is a member of the Benedictine Sisters of Erie, Pennsylvania.

The Wisdom Seekers meet Tuesdays from 10:00-11:30 in the Memorial Room. All are welcomed to join the group at any time. Just purchase the book and show up.

Books may be purchased from the local Barnes & Noble Booksellers or from Amazon.com.